

Top Apps

Recommendations from The National Foundation for Cancer Research

June 14, 2021 By [Bob Barnett](#)

The National Foundation for Cancer Research, established in 1973 to support cancer research and public education, recently updated its app recommendations. These top picks are free.

[Belong.Life](#) (belong.life). Find a support group, get access to leading researchers, discover clinical trials and store medical records.

[Cancer.Net Mobile](#) (cancer.net/navigating-cancer-care/managing-your-care/cancernet-mobile). The American Society of Clinical Oncology's app helps you track symptoms, appointments, medications and providers while providing updated information on over 120 types of cancer.

[CareZone](#) (carezone.com). Track appointments, treatments, care plans and drug protocols; keep a journal; and track essential stats, such as sleep and weight.

[Caring Bridge](#) (caringbridge.org/how-it-works). Got a scan result and want to share it easily without texting or emailing everyone? This popular site makes it easy to set up a free website to keep family and friends up to date and offers an app.
