

Websites Worth Watching

Some helpful websites to look up if you or one of your loved ones is living with cancer.

June 17, 2019 By [Bob Barnett](#)

Patient True Talk

(patienttruetalk.com)

Melanoma survivor Dan Engel created this peer-to-peer site to match people with cancer with survivors to help them navigate treatment and beyond. Click [here](#) for more.

National Sleep Foundation

(sleepfoundation.org)

While not cancer specific, the NSF offers practical, evidence-based tactics to conquer sleep problems, which are common during and after cancer treatment. Click [here](#) for more.

American Institute for Cancer Research

(aicr.org)

Is soy safe if you are being treated for breast cancer? Should you go vegan? Avoid sugar? AICR supports diet research and helps interpret it for the public. Click [here](#) for more.

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